



Todd Stadium Criterium

2017 Virginia Cycling Age-Graded Criterium State Championships
and **Training Clinic** and **Race** provided by **Peaks Coaching Group**

Sunday, July 30, 2017
Held under USA Cycling event permit.
Part of the Virginia BAR.

	Start Time	Length	Prizes
Juniors 9-14	8:00 AM	25 min	Medals
Juniors 15-18	8:40 AM	30 min	Medals
Men's 55+/65+	9:25 PM	40 min	Medals/\$150 combined
Men's 45+	10:20 PM	45 min	Medals/\$150/3
Men's 35+	11:20 AM	45 min	Medals/\$150/3
Women's 35+/45+/55+	12:20 PM	30 min	Medals/\$150 combined
Kids	1:05 PM	1 lap	Medals
Women Pro 1/2/3	1:35 PM	60 min	\$400/5
Women Cat 4/5	2:50 PM	30 min	\$100/3
Men Cat 4/5	3:35 PM	30 min	\$100/3
Men Pro 1/2/3	4:20 PM	60 min	\$400/5
Training Race for Cat 4/5	5:30 PM		

Field Size for all races is limited to 75 riders (50 for Cat 5s).

Course: A very flat, very fast half-mile oval with one 90° turn, run counterclockwise around Todd Stadium.

Location: 12465 Warwick Blvd. Newport News, VA 23606

Entry Fees: Entry fees: \$35/race. Second race is \$10. \$10/race for Juniors. Includes \$3.75 USAC fee and \$1 VCA BAR fee.

License: Both Beginner and Experienced One-day licenses as well as Annual licenses will be available for purchase on race day. To be eligible for a State Championship medal, rider must hold a current annual USAC license that shows Virginia as current state of residence.

Registration: Register online at www.usacycling.org. Online registration closes at 10PM on July 28th. Day-of registration is available for a \$10 late charge (excludes Juniors and Cat 5 Men and Women).

All USAC rules apply. ANSI Z90.4 approved helmets are required to be worn whenever riding on or near the race course. Promoter reserves the right to combine or split fields based on the number of riders in any category. No aero bars permitted in mass start races. No Cat 5s permitted in Masters races. Center-line rule will be strictly enforced where applicable. Events held rain or shine. Please see [USAC's Event Cancellation Protection Program](#) for refund information.

Training Clinic/Race: There will be a beginner's training clinic and at the conclusion of the men's pro 1/2/3 race there will be a training race for Cat 5 and 4 racers.

The **VA Cycling Beginner Racer Program** presented by Peaks Coaching Group in conjunction with the VCA is a USAC* sanctioned series of 5 unique on-the-bike clinics, designed to be enjoyable, inspirational and educational for beginning racers, and provide attendees the skills necessary to have safer and more enjoyable racing experiences. One of the five clinics will be offered at the Todd Stadium Criterium. The clinic portion **WILL NOT** be held on the race course.

Successful completion of a single clinic, including 3 specific components will provide Cat 5 athletes 2 upgrade points toward the upgrade to Cat 4.

- Sign In 7:00 – 7:45 AM
- On bike clinic/classroom instruction – 8:00 AM
- Practice/Training Race (See schedule)
- Post-race debriefing (following Practice/Training Race)

*You must hold a current USAC license to participate or you can purchase a one-day license. USAC Registration/Waiver and Photo Waiver required. Participants must be 12 years old. You need not participate in the Todd Stadium Criterium to participate in the VA BRG clinic.

Contact Sherman Cravens at Sherman@PeaksCoachingGroup.com for more details or go to www.PeaksCoachingGroup.com.

Sign up for the Beginner Racer Clinic at the Todd Stadium Criterium is located www.usacycling.org.

Visit www.facebook.com/ToddStadiumCrit for more information, course maps and rules, or contact Dan Netzer at 757-679-9336 or drnetzer@gmail.com with questions.