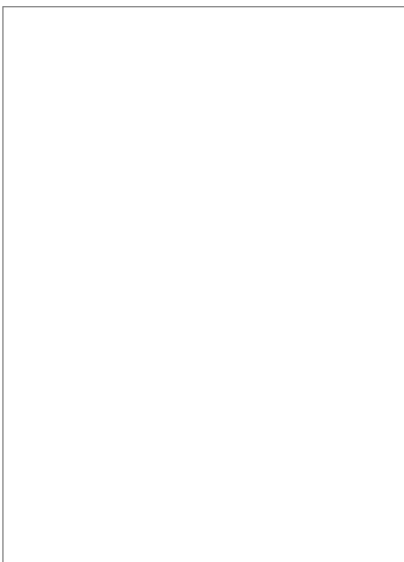


Category	Distance	Fee	Prizes <sup>1</sup>	MABRA & VACA BAR
Juniors 11-12 <sup>2</sup>	11.33 km	\$10	Medals	Juniors 11-12
Juniors 13-14 <sup>2</sup>	11.33 km	\$10	Medals	Juniors 13-14
Juniors 15-16 <sup>2</sup>	22.25 km	\$10	Medals	Juniors 15-16
Juniors 17-18 <sup>2</sup>	22.25 km	\$10	Medals	Juniors 17-18
Men 65+ <sup>3</sup>	22.25 km	\$10	Medals	Men 65+
Women 65+	22.25 km	\$10	Medals	Women 65+
Para – All Categories <sup>4</sup>	22.25 km	FREE	Medals	Para
Athena (Women 165+) <sup>5</sup>	37 km	\$35	Medals	n/a
Women Cat 1-3	37 km	\$35	\$100/Medals	Women 123
Women Cat 3	37 km	\$35	Medals	Women 3
Women Cat 4	37 km	\$35	Medals	Women 4
Men Cat 1-3	37 km	\$35	\$100/Medals	Men 123
Men Cat 3	37 km	\$35	Medals	Men 3
Men Cat 4	37 km	\$35	Medals	Men 4
Men Cat 5 <sup>5</sup>	37 km	\$35	Medals	n/a
Women Cat 5	37 km	\$35	Medals	n/a
Eddy Merckx Open <sup>5</sup>	37 km	\$35	Medals	n/a
Men Open (Triathlete) <sup>5</sup>	37 km	\$35	Medals	n/a
Women Open (Triathlete) <sup>5</sup>	37 km	\$35	Medals	n/a
Clydesdale (Men 200+) <sup>5</sup>	37 km	\$35	Medals	n/a
Men 35+ <sup>3</sup>	37 km	\$35	\$75/Medals	Men 35+
Men 45+ <sup>3</sup>	37 km	\$35	\$75/Medals	Men 45+
Men 55+ <sup>3</sup>	37 km	\$35	Medals	Men 55+
Women 35+ <sup>3</sup>	37 km	\$35	\$75/Medals	Women 35+
Women 45+ <sup>3</sup>	37 km	\$35	\$75/Medals	Women 45+
Women 55+ <sup>5</sup>	37 km	\$35	Medals	Women 65+

## June 24, 2017



<sup>1</sup>All prizes got out three places.

<sup>2</sup>Juniors 11-14 may not use aero TT bikes, per USAC rules. All juniors categories will score boys and girls separately.

<sup>3</sup>VACA and MABRA masters will be scored separately for BAR purposes, but will run together for the podium.

<sup>4</sup>Part of the VACA/MABRA Para-cycling series for all wounded, ill, and injured US military (active and retired), and open to all disabled men and women cyclists. Includes M/W Bicycle Physical Disability, M/W Open, M/W Handcycling.

<sup>5</sup>Not a BAR event.

### **Virginia Cycling Association Senior TT Championships, part of the MABRA TT series, and the Para-cycling series**

**STAGING AREA** is located at Stevens Cottage, 201 Maryland Avenue in downtown Shenandoah, VA  
**PRE-REGISTRATION ONLY – NO DAY-OF REGISTRATION!! FIELD LIMIT 300 RIDERS.** Riders sent off by category at one-minute or 1/2 minute intervals beginning at 9AM. Exact start times are dependent on the number of registrants, and will be announced in advance by email to all participants and to the MABRA and VACA listservs. No warming up on the course will be allowed; roads will be open to traffic – bring your trainers! Any team vehicles not registered in advance for the event will result in a time penalty for the rider(s) receiving assistance. All riders will receive service from team vehicles on the right shoulder only – failure to do so will result in a time penalty for blocking the road.

**\* ALL USAC RULES APPLY \* HELD UNDER USA CYCLING EVENT PERMIT 2017-1624 \* EVENT HELD RAIN or SHINE\***

For more info, visit us at the Tour of Page County Facebook page

or by email at [gouldchris@netzero.com](mailto:gouldchris@netzero.com) (race-day number: 202-365-0186)

*Thanks to the Town of Shenandoah; the Shenandoah Gym; the Shenandoah Volunteer Rescue Squad; and the Page County Sheriff's Department for their generous assistance in putting on this event!*

**COURSE DESCRIPTION:** The START LINE will be on Shenandoah Ave just off of Route 340 in the Town of Shenandoah situated along the Shenandoah River and nestled between the Blue Ridge and Massanutten Mountain in southern Page County. The Shenandoah Time Trial course includes a small technical section in town before heading out to the county. The 37 km version also includes a false flat following the Naked Creek as it passes the gravesites of Revolutionary War soldiers going up a hollow into the Blue Ridge and a turn-around point near Jollett Bible Mission Church (just prior to a steep ridge known as the Devil's Jump). The in-town portions of the course will have some traffic control in order to assure the safety of the event, and the county portions of the course are lightly-traveled. At about 5 km into the course on Fleeburg Road, there is a dip in the road after a descent which will be well-marked. The course is smooth asphalt, although there are a few bridges with bumpy surfaces, and which will be well-marked. Once racers have finished, they should use caution and turn left on Comertown Road to head back into town. There is ample street parking near registration and the staging area, located at Steven's Cottage, where the podium ceremonies will take place and food and drinks available from the Shenandoah Heritage Society. Participants may obtain a free shower post-race courtesy of the Shenandoah Gym. Presented by Page Valley Cycling and WWVC Racing.

Full Route: <http://www.mapmyride.com/routes/view/369831277>

22.25 km route: <http://www.mapmyride.com/routes/view/369845455>

11.33 km route: <http://www.mapmyride.com/routes/view/369848643>