

High Bridge Trail Roubaix Time Trial

A Virginia BAR Event

Presented by:  **CENTRA**
Southside Community Hospital and



FARMVILLE AREA CHAMBER OF COMMERCE

SUNDAY July 23, 2017 - High Bridge Trail State Park, Farmville, VA

USAC Permit #2017-1925 - Register online at www.bikereg.com

16-mile individual time trial, out and back (Youth & Juniors 9-14: distance is 6 miles)

Category ¹ (Men & Women unless specified)	Fee ⁵	Prizes ²
Youth 6-8 ³	\$10	Medals/3
Juniors 9-10 ³	\$10	Medals/3
Juniors 11-12 ³	\$10	Medals/3
Juniors 13-14 ³	\$10	Medals/3
Juniors 15-16	\$10	Medals/3
Juniors 17-18	\$10	Medals/3
Category 5 ³	\$30	Medals/3
Category 4	\$30	Merchandise/3
Category 3	\$30	\$50/3
Category 1/2/3	\$30	\$100/3
Masters 35+	\$30	\$75/3
Masters 45+	\$30	\$75/3
Masters 55+	\$30	Merchandise/3
Masters 65+ (Men Only)	\$30	Merchandise/3
Athena (165+ lbs, Women Only) ⁴	\$30	Merchandise/3
Clydesdale (200+ lbs, Men Only) ⁴	\$30	Merchandise/3
Women Open (not VCA BAR) ³	\$30	Medals/3
Men Open (not VCA BAR) ³	\$30	Medals/3
Para-cyclists (not VCA BAR)	\$10	Medals/3



Notes:

¹ 2016 VA BAR winners should sign up under BAR winners on BikeReg and then email the promoter following registration to indicate category.

² Prizes listed are the same for men's & women's fields unless specifically indicated.

³ No time trial bikes or aero bars are permitted in the Youth, Junior 9-14, Cat 5, and Open categories.

⁴ Athena & Clydesdale riders, please allow extra time for weigh-in at registration.

⁵ Fee includes \$3.75 USAC insurance surcharge and \$1.00 VCA BAR surcharge.

*** ALL USAC RULES APPLY * HELD UNDER USA CYCLING EVENT PERMIT * EVENT HELD RAIN or SHINE*
PRE-REGISTRATION ONLY – NO DAY-OF REGISTRATION!! FIELD LIMIT 300 RIDERS.
REGISTRATION CLOSING ON JULY 21, 2017 at 11:59 PM.**

Race Details

Parking: There are 3 municipal lots adjoining the registration/awards area off of Mill St., Depot St., and West 2nd St.

Check-In/Registration: Check-in will take place in Farmville, VA at the High Bridge Trail Plaza (next to 311 North Main St. - look for the red caboosel!). Registration/check-in opens at 7:00 AM for Youth/Juniors ONLY, and 7:30 AM for all other riders. All entrants must have a current USAC license or MUST purchase a One-Day License available online or at registration. Riders under 18 years of age are required to have a parent's signature. Cat 5's are permitted to race in masters Time Trials.

Course Location: From the registration area, racers should ride east on the High Bridge Trail approximately 5.3 miles to the start/finish line. This section of the trail may be used to warm up prior to your start. BE SURE TO ALLOW SUFFICIENT TIME FOR THE TRIP TO THE START/FINISH SO THAT YOU ARRIVE PRIOR TO YOUR START! There is limited parking closer to the start/finish at River Rd. and at Camp Paradise. State Park parking fees will apply.

Map of 6-mile course: <https://www.strava.com/segments/14866635>

Map of 16-mile course: <https://www.strava.com/segments/14677965>

Course Description: A false flat (+/- 0.5% grade), out-and-back course with a u-turn, closed to traffic. The course is a converted rail-to-trail with a crushed limestone surface and forms a part of High Bridge Trail State Park. The course starts 0.3 miles east of High Bridge, turns around where the trail crosses Orchard Road, and then returns to the starting point. WHILE THE TRAIL IS CLOSED TO MOTOR VEHICLES, IT IS NOT CLOSED TO OTHER PARK VISITORS, AND IT DOES CROSS PUBLIC ROADS. Course marshals will be present at all paved road crossings, but RACERS ARE EXPECTED TO STAY ALERT AND EXERCISE CAUTION WHILE RACING THE COURSE.

Start Times: Youth and junior racers start at 8:00 AM with 30-second intervals. All other riders start at approximately 9:00 AM with 30 second intervals. Exact start times are dependent on the number of registrants, and will be announced in advance by email to all participants and to the VCA email list. Racers are responsible for their start times. Please be at the staging area 5 minutes prior to your start time. Start times will be written on the back of your number. All USAC rules for Time Trials apply. Start times will be sent out Saturday, July 22nd.

Measured Mile TT Prize: A special prize of \$25 will be presented to the man and/or woman who takes the KOM/QOM for the Measured Mile TT Strava segment (<https://www.strava.com/segments/5628621>). Results will be checked on Wednesday, July 26th, at approximately 9:00 AM.

Results & Awards: Results will be posted and awards presented at the High Bridge Trail Plaza in Downtown Farmville, at the red caboosel.

QUESTIONS: Email Jordan Whiley at jordan@jwweb.com or call 434-414-4093