

# The 12th annual Bryan Park Circuit Race, Richmond VA

Presented by **Outpost Richmond** and the **Charlottesville Racing Club**

## Training Clinic and Training Race

provided by **Peaks Coaching Group**

**Sunday, July 9th, 2017**

USA Cycling Permit 2017-1326



Bryan Park,  
4308 Hermitage Rd.  
Richmond, VA 23227

## Race Schedule

race time	entry fee	race length	field size	race description	Payout
9am	\$35	60min	50	masters 35+/45+/55+ <b>CAT 4 and above ONLY, NO CAT 5'S</b>	N/A
10:15am	\$35	60min	50	men's 3/4	\$250 prize/3 deep
11.30am	\$35	60min	50	women's Pro 123	\$250 prize/3 deep*
11.31am	\$20	60min	50	Women's cat 4/5	N/A
12.45pm	\$20	45min	50	Men's 4/5	N/A
1.45pm	\$35	80min	75	men's Pro/123	\$500 prize/3deep
3:05pm	n/a			Training race for cat 4's and 5's	

## Race notes

Pre-registration will be held online at <http://www.bikereg.com> **THERE IS NO DAY OF REGISTRATION. Online registration will be up till 2pm the day before to give you AMPLE time to decide and register beforehand.**

### For the women's race

- Fields will be run separate if the total number of racers in each field exceeds 7. If not they will be run together.
- \*If the total number of Women racers exceeds 25 the purse for the pro 123 will be increased to \$500

Entry fee includes all USAC & VACA fees. This is not a VA BAR race. All USAC rules apply. Each racer must present a valid USAC annual license. One day License (cat 5 men, cat 5 women, juniors) will be available at registration for a \$10 fee.

Add-on races are \$10

**While races are going on, NO ONE IS ALLOWED ON THE ROAD.** Please be respectful of the people currently racing and stay off the course. ALSO UNLESS the chief referee declares it, **THERE IS NO FEED ZONE.**

Parking will be directly across from the soccer fields. Toilets will be by the soccer field as well.

For this year's race there will also be a beginner's training clinic and at the conclusion of the men's pro 123 race there will be a training race for cat 5 and 4 racers.

The **VA Cycling Beginning Racer Program** presented by Peaks Coaching Group in conjunction with the VCA is a USAC\*sanctioned series of 5 unique on-the-bike clinics, designed to be enjoyable, inspirational and educational for beginning and intermediate racers, and provide attendees the skills necessary to have safer and more enjoyable racing experiences. One of five clinics will be offered at the Bryan Park Race. The clinic portion **WILL NOT** be held on the race course.

Successful completion of a single clinic, including the 3 specific components will provide **Cat 5** athletes 2 upgrade points towards the upgrade to **Cat 4**

- Sign In 7:00-7:45 AM
- On bike clinic/classroom instruction 8:00 AM
- Practice/Training race (see schedule)
- Post-race debriefing (following Practice/Training Race)

\*You must hold a current USAC license to participate or you can purchase a one-day license. USAC Registration/Waiver and Photo Waiver required. Participants must be at least 12 years old. You need not participate in the Bryan Park Race to participate in the VA BRG clinic.

Contact Sherman Cravens: [Sherman@PeaksCoachingGroup.com](mailto:Sherman@PeaksCoachingGroup.com) for more details or go to [www.PeaksCoachingGroup.com](http://www.PeaksCoachingGroup.com)

Contact Info

**Race Promoter**

John Emanuel, 804.513.5589, [sunyup@gmail.com](mailto:sunyup@gmail.com)

**Beginner Race Program, Training clinic, Peaks Coaching Group**

James Schaefer, 804.912.6898, [james@peakscoachinggroup.com](mailto:james@peakscoachinggroup.com)

[www.peakscoachinggroup.com](http://www.peakscoachinggroup.com)

