



SATURDAY, MAY 29th, 2010

TODD STADIUM - NEWPORT NEWS, VA

TOP 15 FINISHERS IN EACH RACE WILL BE SCORED VA BAR POINTS

CATEGORY	DISTANCE	PRIZES	# PLACES	TIME
Juniors (10-14) *	5 Miles	Ribbons	ALL	8:30 AM
Juniors (15-18) *	10 Miles	Trophies	3	9:15 AM
Masters 50+(Cat 1 2 3 4)	15 Miles	\$100	3	10:00 AM
Masters 40+(Cat 1 2 3 4)	15 Miles	\$250	5	10:45 AM
Masters 30+(Cat 1 2 3 4)	15 Miles	\$250	5	11:30 AM
Kids Race Age 9 and under	1 Lap	Medals/Prizes	ALL	12:15 PM
Women (1 2 3) (40+) (4) *	15 Miles	(\$250-1 2 3) (\$50-40+) (\$50-4)	5, 3, 3	12:30 PM
Junior Women 15-18 *	15 Miles	Trophies-3 Places	3	12:30 PM
Cat 5	10 Miles	Trophies-3 Places + 1 Prime	3	1:15 PM
Cat 4	20 Miles	\$150.00 + 2 \$50 Primes	3	2:00 PM
Cat 3	20 Miles	\$300.00 + 4 \$25 Primes	5	3:00 PM
Cat 1 2 3 (Bar for 1 2) *	30 Miles	\$750 + 4 \$50 Primes	5	4:00 PM
2009 VCA BAR Winner **		Please see note below		

REGISTRATION:

Opens at 7:30 a.m. and closes 30 minutes before the start of each race. Events are held rain or shine (no refunds). All start times are approximate. All entrants must have a current USCF license. Only Cat 5 Men, Cat 4 women and Juniors are allowed to purchase a One-Day License at registration, if needed. Riders under 18 years of age are required to have a parent's signature. Helmets are mandatory in all events. No aero bars permitted. All USCF rules apply. Field limit in all races is 50 riders. Women's race has 3 fields, but is still limited to 50 riders total. No Cat 5s in the Masters races. Promoter may adjust prize money based on field sizes. Held under USA Cycling permit.

- * Junior races are part of the Lance Armstrong Race Series
- * LAJRS Espoir men 19-22 will be scored in the Cat 1/2/3 race
- * LAJRS Junior women 15-18 will be scored in the Cat 4 Women's race

ENTRY FEES:

- Kids race - Free
- \$5 - Juniors 10-14 years old ***
- \$10 - Juniors 15-18 years old ***
- \$25 - Pre-registration received by Thursday, 27 May 2010 ***
- \$30 - Registration on race day
- \$10 - Discount off each additional race (if registering on-line, all races must be selected at the same time to receive discount at check-out)

****2009 BAR CHAMPS ARE ELIGIBLE FOR FREE ENTRY IN FIRST EVENT (\$4 COVERS USCF AND VCA FEES). PLEASE COMPLETE BIKEREG REGISTRATION, THEN EMAIL VINCE KIDD (EVENT COORDINATOR) AT: jrvs.events@gmail.com**

*****REGISTRATION FEES LIST DO NOT INCLUDE BIKEREG SERVICE CHARGE. A NOMINAL FEE WILL BE ADDED SHOULD YOU ELECT TO USE THEIR SERVICE.**

Course Description: A very fast and flat half-mile oval with one 90 degree turn, race run counterclockwise.

Directions:

From the North, take I-95 South to I-64 East to Newport News Exit #255A (Jefferson Ave East). Continue 3 lights to Oyster Point Rd and turn right. Go 1 mile and turn left on Warwick Blvd (Rt. 60). Todd Stadium will be approximately .2 miles on the right.

From the South, take I-64 West to Newport News Exit #261 (J. Clyde Morris Blvd South). Continue 2.5 miles and turn right on Warwick Blvd (Rt 60). Todd Stadium will be approximately 1 mile on the left. Register online at <https://www.bikereg.com/events/register.asp?eventid=10148>. To register by mail, send a completed 2010 USA Cycling, Inc. Event Release Form and check payable to JRVS, to JRVS-Casey Crit c/o Vincent Kidd, PO Box 12072, Newport News, VA 23612.

