



presented by



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Hampton Bay Days



Hampton Bay Days Criterium State Age Graded Championship



Presented by

Hilton Cycling Club, Inc.

A VIRGINIA CYCLING ASSOCIATION BAR EVENT

Held under USA Cycling Event Permit (Pending)

OnlineRegistration at www.bikereg.com Closes Thursday Sept 9 @ 11:59PM

SATURDAY 11 SEPTEMBER 2010				
CATEGORY	START TIME	DURATION	FIELD LIMIT	PRIZES
MENS CAT 4	8:00AM	40 MINUTES	75	\$150/3 + primes
MENS CAT 3	9:00AM	40 MINUTES	75	\$300/5 + primes
WOMENS CATEGORY 4	10:00AM	30 MINUTES	75	\$150/3 + primes
WOMENS CATEGORY 1/2/3	10:45AM	40MINUTES	75	\$250/5 + primes
MENS CAT 5	11:45AM	30 MINUTES	50	Medals/3
MENS CATEGORY 1/2/3 *	12:30PM	60 MINUTES	75	\$750/7 + primes

SUNDAY 12 SEPTEMBER 2010				
CATEGORY	START TIME	DURATION	FIELD LIMIT	PRIZES
MENS 50+ and 60+	8:00AM	40 MINUTES	75	\$150/3 + primes
JUNIORS 10-14 **	9:00AM	20 MINUTES	50	Ribbons/3
JUNIORS 15-18 **	9:30AM	30 MINUTES	50	Trophies/3
WOMENS 40+	10:15AM	40 MINUTES	75	\$200/4 + primes
MENS 40+	11:15AM	40 MINUTES	75	\$200/4 + primes
MENS 30+	12:15PM	40 MINUTES	75	\$200/4 + primes

REGISTRATION:

Opens at 7:00 a.m. and closes 30 minutes before the start of each race. Events are held rain or shine (no refunds). All start times are approximate. All entrants must have a current USAC license. Only Cat 5 Men, Cat 4 women and Juniors are allowed to purchase a One-Day License at registration, if needed. Helmets are mandatory in all events. No aero bars permitted. All USAC rules apply. No Cat 5s in the Masters races. Promoter may adjust prize money based on field sizes. * CATEGORY 3 BAR POINTS WILL NOT BE AWARDED IN THIS FIELD. ** RIDERS UNDER 18 YEARS OF AGE ARE REQUIRED TO HAVE A PARENT'S SIGNATURE.

ENTRY FEES: (Entry fees include \$3.00 USCF insurance fee and \$1.00 VCA Fee, does not include Bikereg.com surcharge.)

\$25- Pre-registration received by Thursday, 9 Sept 2010

\$30 - Registration on race day (with the exception of Juniors, CAT 5 Men, and CAT 4 Women)

\$15 – for each additional race

2009 BAR CHAMPS ARE ELIGIBLE FOR FREE ENTRY IN FIRST EVENT (\$4 COVERS USAC AND VCA FEES). PLEASE COMPLETE BIKEREG REGISTRATION and then E-mail the promoter at bike-boy-73@hotmail.com.

THE HAMPTON BAY DAYS FESTIVAL - Free and Open to the Public, Bay Days has been voted Best Waterside Event in the Best of the Bay Competition! Visitors enjoy dazzling fireworks and free performances by national and regional recording artists on three outdoor stages. This year's 28th anniversary celebration boasts even more family fun with Arts & Crafts artisans and more than 50 ways to savor the Bay. From a special children's entertainment area to a Classic Car Show, Hampton Bay Days is the perfect day destination! To learn more about the Bay Days festival go to www.baydays.com

COURSE: The course 0.6 miles in length and is run in a clock wise fashion. Start at the police station and proceed down N King Street. Make a right onto E Pembroke Ave and then a right on Eaton St. Make a right on Lincoln Street and take a right on N King St. The race finishes at the police station. For an overhead view of the course, select the following link: [Course Map](#)

DIRECTIONS and PARKING:

See course map above or use Google Maps to find Lincoln St, N King St. in Hampton, VA

Racers are to park in the volunteer parking lot located on N King St (see the course map [Course Map](#) for additional information. Racers and their families are permitted to setup and warm-up on the inside of the course.

ACCOMODATIONS:

Reservations can be made at the [Crown Plaza Hampton Marina Hotel](#), the official sponsor of the Hampton Bay Days Festival. The race event rate is \$109 per night. The rate name is "Hampton Bay Days Criterium"

Register online at www.bikereg.com To register by mail, send a completed 2010 USA Cycling, Inc. Event

Release Form and check payable HILTON CYCLING CLUB, INC., 9913 WARWICK BOULEVARD, NEWPORT NEWS, VIRGINIA 23601

QUESTIONS: EMAIL PROMOTER AT: bike-boy-73@hotmail.com

