



Amphibious Assault Criterium • \$1800 purse!
Joint Expeditionary Base (Little Creek)
Saturday • June 5, 2010 • Virginia Beach, VA
Virginia BAR Event Held under USA Cycling permit (pending)

CATEGORY	Length	PRIZES/PLACES	START	ENTRY FEE	FIELD LIMIT
Women 1,2,3,4,and 40+ ¹	50 Minutes	\$200/ 5 + \$90 primes	8:00	\$25	75
Masters 50+, 60+	50 Minutes	\$200/ 5 + \$40 primes	9:10	\$25	75
Masters 30+ 40+	50 Minutes	\$200/ 5 + \$40 primes	10:20	\$25	75
Juniors (10-12, 13-14, 15-16, 17-18)	40 minutes	Medals/ 3	11:30	\$10	50
Men 4	50 Minutes	\$100/ 3 + \$40 primes	12:30	\$25	75
Men 3	50 Minutes	\$200/ 5 + \$65 primes	1:40	\$25	75
Men 5	40 Minutes	Medals/ 3	3:00	\$20	50
Men 1,2,3 ¹	60 minutes	\$400/ 5 + \$225 primes	4:00	\$25	75

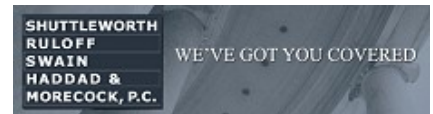
¹ Only Men 1,2 eligible for BAR points in the 1,2,3 race; Women 1-2/3/4/40+ race together for the same purse but score separately for BAR

Want to race twice? Additional race costs only \$10

RACER PRE-REGISTRATION MANDATORY FOR BASE SECURITY

******PICTURE ID REQUIRED TO ENTER BASE******

If you plan to bring guests with you onto the base, we need to have their names as well!



Registration: Register Online @ BikeReg.com. Registration closes at 10 p.m. Wednesday, June 2. There is no mail registration. Race day number pick-up opens at 7 a.m. and closes 15 minutes before the start of each race. You will need to provide the names of your guests when you register on bikereg. IF BASE SECURITY DOES NOT HAVE YOUR NAME OR YOUR GUESTS' NAMES, YOU WILL NOT BE PERMITTED TO ENTER. THEREFORE PREREGISTRATION IS REQUIRED!

No refunds after May 25, 2010. Entry fee does not include bikereg fee. Insurance fees are covered in entry fee. If you enter the base with a military or government ID and register race day, you will be assessed a \$15 late fee. PLEASE preregister like everyone else!

Events are held rain or shine. All entrants must have a current USCF license or MUST purchase a one-day license at registration. One day license applies to Cat 5 men/ Cat 4 women/ juniors only. Riders under 18 years of age are required to have a parent's signature on race day. All USAC rules apply. BAR rules found at vacycling.org. No Cat 5s in the Masters race.

Contacts: Bill Conoscenti 757-650-8760, bccono@verizon.net
 Susan Pollock 757-617-0681, susan.pollock@norfolk.gov

Course Description: Flat oval on smooth concrete. 1 lap=.9 miles.

Directions: From I-64 East or West, take the Northampton Blvd (Route 13) exit East toward Chesapeake Bay Bridge Tunnel. Take the second Independence Blvd. exit North toward the Naval Amphibious Base. Take a left onto Shore Drive. In 1/2 mile make a right into GATE 3 of the base. Follow Helicopter road around to ACU4. Access to course is to the far right of hangers.
 Note: Base security may direct you to a different gate.

ACU4 and Naval Amphibious Base, Little Creek assume no liability for any injury or accident involving any participant of this event.

The U.S. Navy does not officially endorse any company sponsor or their product or



their services associated with this event.