



Fiorucci Virginia State Senior Time Trial Championships Presented by **CyCor**

Sunday, June 21, 2009

Held under USA Cycling Event Permit



Race is held
RAIN or SHINE!



VENUE: Starting at Stoney Creek rescue squad-out & back on 301 with one sweeping U-turn in Jarratt.

CATEGORIES: You must race in your true age category if you are racing masters or juniors. If you want to compete in more than one category, you must register for both categories and race twice. You will race with your category and if there isn't time between categories for you to race twice you won't be able to. 26-foot gear restriction for Juniors; roll-out at 8:00 AM (no roll-out, no race).

CATEGORY	DISTANCE
Endorphin Fitness Junior 10-12 (M & F) (Medals)	20K
Endorphin Fitness Junior 13-14 (M & F) (Medals)	20K
Endorphin Fitness Junior 15-16 (M & F) (Medals)	20K
Endorphin Fitness Junior 17-18 (M & F) (Medals)	20K
Rostello Cat 1, 2 (State Championship Medals \$100 Merchandise)	40k
Contes Cat 3 (State Championship Medals, \$100 Merchandise)	
Contes Cat 4 (State Championship Medals, \$100 Merchandise)	
Cat 5 (Medals)	
Masters 30+ (\$75 Merchandise)	
Masters 40+ (\$75 Merchandise)	
Masters 50+ (\$75 Merchandise)	
Masters 60+ (Merchandise)	
Masters 70+ (Medals)	
Rostello Women 1, 2, 3 (State Championship Medals, \$100 Merchandise)	
Women Cat 4 (State Championship Medals, \$100 Merchandise)	
Women Masters 40+ (\$75 Merchandise)	
(2008 Omnium Winners register in separate category on bikereg.com)	
Only Cat 1, 2, Cat 3, Cat 4, Women Cat 1, 2, 3, and Women Cat 4 are Championship Events	

ENTRY FEE: \$10 for juniors and \$30 for all other racers. Unlicensed racers (Cat 5 or women Cat 4 only) must purchase a one-day UCI license for \$10. **PRE-REGISTRATION ON BIKEREG IS MANDATORY. NO MAIL IN OR RACE DAY REGISTRATIONS. Bikereg fee is NOT included in the entry fee.**

START TIMES: 1st rider starts at 9:00 AM with 30 second lag times. Race packet must be picked up at least 1 hour before your start time; which will be posted on www.cycorsports.org & emailed to all registered participants by 6/28/08. Riders will be grouped according to category so that all riders are competing at roughly the same time of day with the same weather conditions. Registration is open on www.bikereg.com. **Registration closes 6:00 p.m., June 18, 2009.**

All entrants must present a current USCF license (or a one-day license) at registration. Riders under 18 years old must have parent/guardian signature on release form. All USCF rules for Time Trials will apply. ANSI Z90.4 or approved equal helmets are mandatory. **Tank tops/sleeveless jerseys are NOT permitted.** Stationary trainers & shade coverage recommended! Portable toilets & drinking water available on site.

ELIGIBILITY: The event welcomes out-of-state participants, however, only Virginia residents and U.S. Military stationed in Virginia are eligible for championship awards. Only racers with an annual USCF license will be eligible for a state championship award. **One-day license holders and Cat 5's are not eligible for championship awards.**

DIRECTIONS: Exit 31 off I-95 onto Rte. 40 West (South of Petersburg). Turn left onto Rte. 301. Proceed to parking area. Registration located in the Stony Creek Volunteer Rescue building.

PARKING: No parking in the Rescue Squad Building area. Towing enforced! Parking is available on the right in a field just past the Squad building or just before you get to the squad building.

RACE WARM UPS: NO WARMING UP ON THE COURSE!! You can warm up north on 301 or on route 40. The course is NOT closed to traffic. There will be law enforcement at several areas on the course, but you are responsible for your own safety. Always stay to the right when you are racing, other racers will be returning along the same route. **NO TEAM VEHICLES ARE PERMITTED ON THE COURSE.**

Junior riders MUST warm up on a trainer. No juniors will be allowed to warm up on the road. **NO EXCEPTIONS!!!** First offence is disqualification. (We're serious!) Junior riders we have lots of swag for you to make up for the inconvenience. Safety is our priority!

RACE CONTACT: Karen Hanson, (804) 357-6609 or hansonkrn1@aol.com

cannondale

CONTE'S
BICYCLES AND FITNESS EQUIPMENT
Enjoy the ride.

FAST SIGNS
Alexandria, VA

